JCTR *BASIC* *NEEDS* *BASKET:* LIVINGSTONE

## March 2014

**(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE IN LIVINGSTONE**

**Commodity Quantity Kwacha Total Kwacha**

Mealie meal (breakfast) 2 x 25Kgs 69.36 138.72

Beans 3 Kgs 14.86 44.58

Kapenta (dry) 2 Kgs 81.14 162.28

Bream, smoked 1Kgs 68.67 68.67

Beef, mixed cut 4Kgs 35.71 142.84

Dark green vegetable 4 Kgs 14.58 58.32

Tomatoes 4 Kgs 8.43 33.72

Onion, large 2 Kgs 7.86 15.72

Cooking oil (2.5 Ltrs) 3 Ltrs 35.14 42.17

Bread wheat, refined flour, baked 1loaf/day 5.70 171.00

Sugar 6 Kgs 16.43 49.29

Milk long life (500ml) 500 mL 5.97 23.88

Tea, powder 1 Kgs 26.21 26.21

Eggs 2units 9.05 18.10

Salt 1 Kgs 5.14 5.14

**Sub total**  **1,000.64**

**(B) COST OF ESSENTIAL NON-FOOD ITEMS**

Charcoal (90 Kg bags) 2x 90Kg bags 77.50 155.00

Soap (Lifebouy) 10 Tablets 3.14 31.40

Wash soap (Boom) 4x400g 5.31 21.24

Jelly (e.g. Vaseline) 1x500ml 26.64 26.64

Electricity (medium density - fixed) 226.00 226.00

Water & Sanitation (medium cost - fixed) 55.00 55.00

Housing (medium density - 3 bedroom) 1,250.00 1,250.00

**Sub total 1,765.28**

**Total for Basic Needs Basket 2,765.92**

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| **Totals from previous months** | **Feb 13** | **Mar 13** | **Apr 13** | **May 13** | **Jun 13** | **Jul 13** | **Aug 13** | **Sep 13** | **Oct 13** | **Nov 13** | **Dec 13** | **Jan 14** | **Feb 14** |
| Amount (K) | **2,273.36** | **2,262.90** | **2,308.72** | **2,650.34** | **2,684.01** | **2,686.51** | **2,672.00** | **2,672.79** | **2,667.68** | **2,707.61** | **2,709.05** | **2,708.99** | **-** |

**(C) SOME OTHER ADDITIONAL COSTS**

**Item**  **K Item K**

Education Transport (bus fare round trip):

Grades 1-7 (PTA+Project/year) K105.00 Dambwa-Town K8.00

Grades 8-9 (User+PTA/year) K490.00 Maramba-Town K8.00

Grades 10-12 (User+PTA/year) K1, 077.00 Victoria Falls-Town K14.00

School Uniform K235.00 - K270.00 Taxi Fare Round Trips K8.00

Health Fuel (cost at the pump)

Consultation Fee K30.00 Petrol (per litre) K9.91

CD4 count K50.00 (high cost) Diesel (per litre) K9.20

Fast-Track K50.00 Kerosene (per litre) K6.00

Mosquito Net (private) K34.00

**(D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN MARCH**

|  |  |  |  |  |  |  |  |  |
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| **Lusaka** | **Kasama** | **Solwezi** | **Monze** | **Chipata** | **Kabwe** | **Livingstone** | **Mpika** | **Luanshya** |
| **3,687.72** | **2,361.74** | **2,560.01** | **2,240.32** | **2,269.13** | **2,540.23** | **2,765.92** | **1,612.48** | **2,373.32** |

This survey was conducted on **25th - 27th March, 2014** by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Town Centre Market, Dambwa Market, Maramba Market, Mbita Market, Elaine Brittel Market, Kashitu Market and Town Centre Shoprite. Additional information was obtained from ZESCO, the Southern Water and Sewerage Company and schools, clinics and houses around Livingstone. The March Basic Needs Basket is approximately **US$446** based upon the average exchange rate of **K 6.2046** per US**$** prevailing the days of data collection. Please note that other monthly costs would include personal care, clothing, etc

**Jesuit Centre for Theological Reflection, P.O. Box 37774, 10101 Lusaka, Zambia**

**Tel: 260-211-290-410 Fax: 260-211-290-759 E-mail:** [**basicjctr@jesuits.org.zm**](mailto:basicjctr@jesuits.org.zm) **Internet:** [**www.jctr.org.zm**](http://www.jctr.org.zm/)

**Location: 3813 Martin Mwamba Road, Olympia Park, Lusaka**